



Getting Fit, Having Fun

Univera Healthcare's Fun 2B Fit program this summer received the Community Leadership Award from America's Health Insurance Plans (AHIP). Fun 2B Fit is a school-based, healthy lifestyle initiative focused on second-, third- and fourth-graders and their families, encouraging them to adopt a healthier lifestyle by trying new foods, increasing physical activ-

ity, making healthier food choices at the supermarket and preparing meals as a family. Local schools have participated in the program. In this photo from 2007, Sandy Mannella of Body Shaping by Sandy (back row) works with Wales Primary students (from left) Selena Khoury, Frank Lauciello, and Thomas Stynes.

